

Master in Life Sciences

A cooperation between
BFH, FHNW, HES-SO, ZFH

Module title	Foodomics
Code	F3
Degree Programme	Master of Science in Life Sciences
Group	Food
Workload	3 ECTS (90 student working hours: 42 lessons contact = 32 h; 58 h self-study)
Module Coordinator	<p>Name: Dr. Wolfram Brück (HES-SO, Sion) – Representing FNH (BFH)</p> <p>Phone: +41 (0)27 606 86 64</p> <p>Email: wolfram.bruck@hevs.ch</p> <p>Address: HES-SO Valais//Wallis, Institute of Life Technologies, Route du Rawyl 64 1950 Sion</p>
Lecturers	<ul style="list-style-type: none"> • Dr. Wolfram Brück • Guest lecturers
Entry requirements	<p>Preparatory reading list given before course begins and unmarked online pre-test on reading material</p> <p>Preparatory work for terminology and online pre-test</p>
Learning outcomes and competences	<p>After completing the module, students will be able to:</p> <ul style="list-style-type: none"> • Explain digestive tract anatomy & function; • Explain a nutrient's absorption, metabolism, elimination or biological effects; • Evaluate current nutrigenomic, microbiome and metabolome methods (16S sequencing and metagenome sequencing (NGS-based), NMR, HPLC-MS, GC-MS); • Develop strategies to evaluate and analyse large data sets (data mining); • Formulate their own ideas on the impact of dietary regulation of gene function on human disease; • Explain the basics of systems biology.
Module contents	<ul style="list-style-type: none"> • Digestive tract anatomy & function • Nutrient absorption, metabolism, biological effect and elimination • Nutrition and the human microbiome in health and disease <ul style="list-style-type: none"> - I: Overview - II: Gut-Brain Axis and autoimmune diseases • How the Microbiome Influences Host Diet Metabolism • How Diet Impacts the Microbiome • Pre- and Probiotics • Microbiota-Targeted Therapies: An Ecological Perspective • Tools and Models for Assessment of the Microbiome and Metabolome • Dietary regulation of gene function • Metabolic disorders • Working with large data sets: Strategies, Programs, Formatting • Functional Foods and personalised nutrition • Regulatory Framework & Challenges • Systems biology
Teaching / learning methods	Self-study, group work, student and instructor presentations, instructor lead discussions, case studies

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Assessment of learning outcome	1. Presentation of group work (40%) 2. Written final examination, closed book (60%)
Format	7-weeks
Timing of the module	Spring semester, CW 8-14
Venue	Bern
Bibliography	<p><u>Pre-course reading</u> Pray L, Pillsbury L, Tomayko E, 2013. The Human Microbiome, Diet, and Health. The National Academic Press, Washington D.C., USA (doi.org/10.17226/13522.)</p> <p><u>Course material:</u> Choffnes ER, Olsen LA, Mack A, 2014. Microbial Ecology in States of Health and Disease. The National Academic Press, Washington D.C., USA (doi.org/10.17226/18433)</p> <p>Ferguson LR, 2013. Nutrigenomics and Nutrigenetics in Functional Foods and Personalized Nutrition. CRC Press, Boca Raton, USA (ISBN9781439876800)</p> <p>Olds W, 2014. Health and the Gut: The Emerging Role of Intestinal Microbiota in Disease and Therapeutics. CRC Press, Boca Raton, USA (ISBN 9781771880725)</p>
Language	English
Links to other modules	The present module complements specialisation modules of BFH FNH-4 "Food for Specific Target Groups" and FNH-5 "Food Ingredients", where more specific subjects are addressed
Comments	
Last Update	23.02.2018